

"AAUW advances gender equity for women and girls through research, education, and advocacy."

AAUW is open to graduates who hold the associate, baccalaureate, or higher degree from a qualified college or university.

Who we are...

The Saint Louis Branch of AAUW supports the broad goals and actions of AAUW by holding public outreach events, engaging in political action, collaborating with local organizations and educational institutions regarding AAUW topics, and by supporting area young women and girls directly. We promote a "You Can Do It" approach. We are one of five branches in the Saint Louis, MO, area that comprise the AAUW Metro Saint Louis Interbranch Council (IBC).

Branch Officers, 2023-2025

Ellen Irons, President
ironnew@msn.com

Candy Low, Finance Officer
cnlx97@gmail.com

Susan Barley, Director
barley702@gmail.com

Vacant - Director

Carol Davis McDonald
Director, VP Membership,
Newsletter, Website
davis-mcdonald@outlook.com

Carol Davis McDonald
Newsletter, Website

Web Sites:

Branch Web Site:
<http://stlouis-mo.aauw.net>

IBC Web Site:
<http://stlouis-ibc.aauw.net>

State Web Site:
www.aauwmo.org

[AAUW St. Louis Branch | Facebook](#)

National Web Site:
www.aauw.org



AAUW Metro St. Louis Interbranch Council

2024 Annual Spring Luncheon

Saturday, March 23, 2024 - 11:00 am to 2:00 pm

Happy March from the Annual Event Committee! Our event is fast approaching. Here is some information for you:

During the luncheon, each branch is providing a raffle basket based on "A Day Out" adventure in each of our communities. You may purchase as many tickets as you like and then drop any number of tickets into the buckets of the baskets you'd like to win. You also may purchase tickets for a 50/50 drawing, and the Lottery Ticket Tree will be back this year!

Group picture times are expected to be listed on the program. We hope to take branch pictures simultaneously during the luncheon because Catering to You has enough space for us to spread out. This will avoid trying to assemble branches at the end of the event when we all prefer to chat and get ready to depart. Help us make this a success by listening for your branch's name to be called and where to meet!

We've included some detailed directions to the venue, Catering to You, as it is located in a plaza and not easy to spot. Remember to take the ramp on the right side of the building to the lower parking lot and enter the venue from there.

Our program will be presented by **Bev Schuetz**, a popular and dynamic speaker who has created HISTORY TALKS, a series of live presentations available to organizations. She is known for her unique topics, delightful presentations, and thoroughly researched programs. We know you will enjoy her presentation. If you haven't yet sent in your reservation, the sign-up form is included in this newsletter for your convenience. We are accepting registrations through March 8th. We look forward to seeing all of you on March 23rd and celebrating AAUW!

A Word From President Ellen Irons:



The theme today is New Beginnings—Living to the fullest

Our St. Louis Branch has been busy the last seven months, but this is only the second newsletter we have had since last spring. It can be hard to keep up with the pace of life, and I know many of us have had personal challenges requiring tremendous amounts of energy. But somehow we have kept on and even thrived in many ways. Here's a summary of what our Branch has done – it's pretty cool. And make sure to read through the newsletter for more details of things to come.

- ◇ We had a terrific December 17th Holiday Gathering at the gallery of Ruth Reese! Yummy food and good discussions. See separate article on this on page 4.
- ◇ Sheila Bassoppo-Moyo, researcher for the "Votes for Women Trail" submission on Victoria Clay Haley, wrote an original play about Ms. Clay called *The Black Suffragist and the Harlem Hellfighter*. The play was presented by the Active Older Adults (AOA) and the O'Fallon Park YMCA on February 16, 2024, as part of Black History Month. We will be presenting a program featuring Sheila and this play later this spring. See separate article on page 5.
- ◇ The AAUW Missouri Legislative Retreat happened on Zoom on February 24th, with 15 organizations presenting and over 60 total participants. See the AAUW MO website for copies of presentations.
- ◇ There are a TON of things happening with AAUW national, AAUW Missouri, and AAUW IBC of St. Louis Metro. I encourage everyone to stay in touch via signing up for the national Action Alerts and partaking of the activities of area branches.
- ◇ We continue to **make plans** for a lot of great activities in the **next four months**.
 - ◆ We are still going to celebrate the 130th St. Louis Branch anniversary this year. More to come.
 - ◆ Our annual meeting will be in mid-May to early June. Plans are in the works, but we know the location will be at Ruth Reese's Gallery off Chippewa. Stay tuned!

As we look towards an early spring, I wish all of you the best of new beginnings whatever you are doing. I feel grateful to be greeting a new growth season and journeying together in our AAUW mission.

Yours,
Ellen



Welcome to our newest member, **Janet Banks-Frumson**, who is a good friend of Sally McGowan. Janet has attended some of our functions in the past, and we are happy that she decided to become a member.

Janet obtained a BSBA from the University of Missouri-Columbia in 1985. She works for the St. Louis County government in Clayton and also does real estate rentals and investments part time. She is a certified real estate appraiser. Janet said that she and her husband, Bo, are "joined at the hip." Her interests are history (especially St. Louis), animal welfare, and native gardening. She can be reached at jkblady-bug@aol.com or 314-842-4288.

Mar 2	Republican Party caucus, pg 6
Mar 5	Expressions craft group, pg 7
Mar 12	AAUW-TWA Internat'l Relations Lecture, pg 8
Mar 23	AAUW Metro St. Louis IBC spring luncheon
Mar 23	Democratic Party caucus, pg 6
Mar 25	Zoom movie group, <i>Queen Bees</i> , pg 7
Mar 28	Adelante book group, pg 7
Apr 2	General municipal election
Apr 7	"Labor, Suffrage and Social Justice: Cynthelia Isgrig Knefler's Contribution to Our St. Louis History," pg 3
Apr 9	AAUW-TWA Internat'l Relations Lecture, pg 8
Apr 22	Zoom movie group, <i>Maestro</i> , pg 7
Apr 25	Adelante book group, pg 7
May 4	AAUW MO annual state conference, Columbia, MO (see attached registration form)
May 28	AAUW Metro St. Louis IBC meeting, pg 7



Sunday, April 7, 2024
1 – 2:30 pm



Join us for a talk celebrating Cyndelia Knefler and her recent addition to the National Votes for Women Trail

“Labor, Suffrage and Social Justice – Cyndelia Isgrig Knefler’s Contribution to Our St. Louis History”

Presented by: Rosemary Feurer

**NBEW/IBEW Museum, located at the Henry Miller Museum
2726-28 Martin Luther King Drive, St Louis, MO 63106**

[Google Map Link - location of IBEW Museum](#)

We are honored to welcome Rosemary Feurer to St. Louis to present a program on the many aspects of Cyndelia Knefler, emphasizing her important role in linking labor, social justice, and the women’s suffrage movements prior to the passage of the 19th Amendment.

Topics will include the history of the Women's Trade Union League (WTUL) of St. Louis. Rosemary Feurer is a history professor at Northern Illinois University and the author of *Radical Unionism in the Midwest, 1900-1950* and the *St. Louis Labor History Tour*, among other books and articles (<https://www.niu.edu/clas/history/about/faculty/feurer.shtml>).

AAUW St. Louis Branch contributes Two Suffragists to the Missouri Trail

Since 2021, our state-wide AAUW MO “Votes for Women Missouri Trail” project has encouraged branches to submit names of local suffragists to the National Collaborative for Women’s History website. Last Fall, St. Louis Branch submitted two names - **Victoria Clay Haley**, researched by Sheila Bassoppo-Moyo, and **Cyndelia Isgrig Knefler**, researched by Ellen Irons. Both women were added to the Trail in December 2023. To view the trail, visit the website at: <https://ncwhs.org/votes-for-women-trail-2/>.

Here is the story of each of these women:

Victoria Clay Haley was an extraordinary leader, business woman, and activist. In 1913 she was president of the Federated Colored Women's Clubs of St. Louis, when the city hosted a large, regional, suffrage conference where her attendance was challenged but successfully accepted. She was active in the 1914 National Association of Colored Women when her motion carried for them to endorse the work of her friend, Madame C. J. Walker. Victoria was a social, political, and business activist as well as active in her church. She was a truly inspirational woman.

Cyndelia Knefler was involved in social work in St. Louis, which led to her meeting Hannah Hennessey, a local garment worker. In 1907, Knefler and Hennessey created the Women's Trade Union League (WTUL) of St. Louis. Cyndelia also served as auditor in the St. Louis Equal Suffrage League and was able to utilize her positions in both organizations to create overlap between the labor and suffrage movements.

The St. Louis Branch is celebrating the addition of these two women to the Missouri Trail with two events:

April 7, 2024, 1pm – Talk by Rosemary Feurer at the IBEW Museum **“Labor, Suffrage and Social Justice – Cyndelia Knefler’s Contribution to Our St. Louis History”** (see separate article).

Date TBD – **Celebration of Victoria Clay Haley’s Contributions** to the fight for equal rights, social justice, and the rights of suffrage for African American women. The program will feature **Sheila Bassoppo-Moyo**, discussing her research and presentation of the play **The Black Suffragist and the Harlem Hellfighter** of February 16, 2024.

AAUW St. Louis 2023 Holiday Gathering

Our **Branch Holiday Gathering** was held on Sunday December 17 at Ruth Reese's Art Gallery off Chippewa, with 14 women attending. We had a delightful potluck in the warm and art-filled space, along with a program on the highlights of the October AAUW Regional Conference. New member, Diane Albright, and St. Louis University's AAUW Partners CU rep, Kat Dortch, joined us.



Left: Sally McGowan, Diane Albright (new member), Janet Banks-Frumson (guest), and Sheila Bassoppo-Moyo



Above: Our host, Ruth Reese, and Jan Scott

Below: Chris Nobbe, Candy Low, Kat Dortch (SLU partner), Carol Davis McDonald



We discussed **plans for events in February – May 2024**, including:

- Script reading of an original play by Sheila Bassoppo-Moyo celebrating suffragist Victoria Clay Hale.
- A talk by Rosemary Feurer on Cynthelia Knefler and the history of the Women's Trade Union League (WTUL) of St. Louis.
- Creation of a new branch scholarship fund.

Get Involved with St. Louis Branch Activities...

If you are looking for a project or way to get involved with Branch activities, here are a few areas where we could use some help:

1. The IBC 2024 Spring Luncheon Raffle Basket must be creatively assembled by our Branch as our part of the fundraising efforts prior to the luncheon on March 23. We will be donating a \$50 Gift Card to the MO History Museum Restaurant, but we will also be assembling a basket with brochures, maps, and other festive decorations to entice bidders to "Spend Time in Forest Park!" This is a short project, with tons of creativity involved!
2. Help plan a 200th Birthday Party for Virginia Minor. Her birthdate was March 27, 1823, so we are shooting for a luncheon or afternoon event close to that date.
3. Want to help plan our event for Victoria Clay Haley? We want to find the right venue, get other organizations involved and make this a great collaborative event.
4. How about helping with starting our Scholarship Fund? We are just getting started and are open to ideas of all kinds.

Contact Ellen Irons (ironnew@msn.com) for 1, 3, or 4.
Contact Jan Scott directly for the #2 Virginia Minor event (jan@stlwomenonthemove.com)



E. R. A.

December 13, 2023, marked the **100th anniversary** of the Equal Rights Amendment's first introduction in the U.S. House of Representatives.

As a founding partner of the ERA Coalition's National Strategy Task Force, AAUW marched alongside the ERA Coalition and partners in Washington, DC, to call on Congress to affirm the ERA and for President Biden to [instruct the Archivist](#) to publish the ERA as the 28th Amendment to the U.S. Constitution. Watch the [Task Force's video](#) featuring AAUW CEO Gloria L. Blackwell.





Primary Voting Changes

Did you know that Missouri has changed the presidential preference primary process for 2024? Presidential preference primary now depends on which political party a person belongs to.

The Republican Party has elected to hold caucuses on March 2. If you have not declared your party affiliation in advance, you will be required to sign a statement verifying your deeply held Republican values and beliefs at the caucus.

The Democratic Party will hold a presidential primary election on March 23. You are required to register as a member of the Democratic Party prior to casting your vote. You can check online if you have already designated a political party, need to designate a party, or wish to change your designation at <https://voteroutreach.sos.mo.gov/portal/> and <https://s1.sos.mo.gov/elections/voterregistration/home/partyaffiliationlanding>.

You can review AAUW position statements that impact MO bills at <https://www.aauw.org/issues/>



The Missouri Legislature

Anticipating a constitutional amendment on the November ballot that would end Missouri's abortion ban, the Republicans have prioritized [Senate Joint Resolution 74, Initiative Petition Reform](#). This would make it harder for Missouri voters to amend their state's constitution. If a measure to revise the initiative petition process is approved by lawmakers, it would still have to be approved by Missouri voters.

[Defunding health centers](#) specifically run by Planned Parenthood has been another big topic of discussion. Senate Bills 1168 and 810 would prevent public funds from going to any abortion facilities or their affiliates and bar the MO HealthNet program from reimbursing Planned Parenthood health centers and their affiliates. People on Medicaid should be able to go to the healthcare provider of their choice.

Resources for Get-Out-the-Vote Work and Supporting Libraries

1. **Missouri Voter Coalition Resources:** <https://www.movpc.org/voter-engagement-education>
2. **Curbside Voting Tips** from Sue Shineman for meeting with Senior Centers (See links below)
3. **School Boards (Webinar): The Battleground for the Education Culture Wars** See below.

- ⇒ Recording of the webinar: <https://www.aauw.org/resources/programs/webinars/>
- ⇒ Link to information about AAUW California's School Board Project and their toolkit here: <https://www.aauw-ca.org/school-board-project-toolkit/>
- ⇒ A complete list of resources mentioned in the webinar can be found here: <https://act.aauw.org/3SwUV2s>
- ⇒ AAUW's National Public Policy Committee would like to better understand what is happening in your school district and state in regards to policies banning books and censoring school curriculum. Please take this short survey: <https://act.aauw.org/SchoolBoards>



Legislative Retreat Presentations from Feb 24

AAUW MO sponsored a virtual meeting.

Wealth of material on organizations who are TAKING ACTION on many issues.

15 organizations presented to a zoom meeting of 60 participants

<https://aauw-mo.aauw.net/presentations-from-the-2024-legislative-retreat/>

Find the LWV STL GOTV toolkit at this link: <https://my.lwv.org/missouri/metro-st-louis/elections/get-out-vote-gotv>

To get your sample municipal election ballot, go [here](#).

AAUW METRO ST LOUIS IBC

St. Louis is **one of the five branches** that form the AAUW Metro St. Louis Interbranch Council, more commonly known as IBC. They meet 4 times a year, some virtually and some in person. Each branch is allowed 3 voting delegates, and historically the officers of each branch have served as those delegates.

The purpose of IBC is to foster cooperation among member branches and to financially support programs and projects and to open channels of communication among branches for the sharing of ideas and interests.

The last quarterly IBC meeting was at 7 p.m. on February 27, 2024, via ZOOM. The next one will be on May 28, 2024. The website is <https://stlouis-ibc.aauw.net/>. All AAUW members are welcome to attend.



IBC ¡ADELANTE! BOOK GROUP

This group meets in September, October, and January through May to discuss books written from diverse perspectives.

Where: Join Zoom Meeting:

<https://us02web.zoom.us/j/85338959790?pwd=NFNKS01FMXh6bXpiaXh0ci80VC9rUT09>

When: 1:30 pm the 4th Thursday of the month in September, October, January, February, March, April, May

Contact: PattyMurrayAAUW@gmail.com

Upcoming selections:

Mar 28 *The Personal Librarian* (story of Bella Da Costa Green, 1905-1945), 352 pgs; Kay Meyer, facilitator

Apr 25 *Crow Mary*, by Kathleen Grissom (368 pgs). Teri Brecht, facilitator

May 23 *Lessons in Chemistry*, by Bonnie Garmus (400 pgs). Pat Shores, facilitator.

Metro St. Louis Branch Programs

Ballwin-Chesterfield Branch—March 14, 9 am; business meeting 9:30; program 10:30. Speaker: Rebeka McIntosh, vice president of the MO National Educational Association.

B-C has an interest group, Munching Matters, that celebrates the careers and life experiences of its members; recognizes their accomplishments; and

provides time to discuss these interesting life stories over lunch. Presentations take place in November, January, February, and March on the second Wednesday of the month at Mimi's Café in Chesterfield, MO 63017.

Ferguson-Florissant Branch—Contact [Patty Murray](mailto:PattyMurray@gmail.com) for meeting information, 314-838-7887.

Kirkwood-Webster Groves Branch—The February meeting, via Zoom, featured Rev. Mary Haggerty, who leads the Gun Violence Prevention Advisory Committee team for the Episcopal Diocese of Missouri. The committee focuses on promoting gun safety, legislative advocacy, and education. She is on a mission to raise awareness and help bring an end to gun violence in our communities.

Saint Charles Branch—Meets the first Thursday at 1 p.m. at First St. Charles UMC, 801 First Capitol Drive, St. Charles 63301 In February the branch's speaker was Don Crozier with the League of Women Voters. Their next meeting will be Thursday, March 7, 2024, when area high school senior women will be honored for math and science excellence.

WE'RE INVITED!

The Ballwin-Chesterfield Branch has invited us to join their Expressions group.

Expressions is a quasi-craft group that meets on the 1st Tuesday of each month, 1-3 pm at Holy Cross Lutheran Church, **13014 Olive Blvd**, Creve Coeur. Join them on March 5 to make bead earrings with Jan Barrett.

Lunch Bunch (bring your own lunch and drink) meets at **12:30 pm**. Can't make it for lunch? Craft making will begin around 1:15-ish. Cost will be \$5. You must sign up (email Pam Kulp, coordinator, 636-219-2969 or kulpp10@gmail.com). We don't want to run out of supplies! See you there!

New Directions to Entrance: We will meet in the Sunday School room (Youth Room) at Holy Cross Church. Easiest access to the room: drive into and park at the back of the first parking lot of the church. There is a second set of double doors at the back entrance. The Sunday School room is around the corner and to the right from this new entrance. We hope you will come.



Join the Movie Group

Each of us watches a selected movie on Netflix. The movie is then discussed by the group on the 4th Monday of the month at 7 p.m. via Zoom. Contact Ellen for the link.

Upcoming movies:

Mar 25 - *Queen Bees* (leader: Vett Goods)

Apr 22 - *Maestro* (leader: Becky Clausen)



The public is cordially invited to the

International Relations Lecture Series (IRLS) 2024

Ethical Society of St. Louis
9001 Clayton Road
St. Louis, MO 63117



10:45 am Second Tuesday of January, February, March and April 2024

The TWA and AAUW invite you to learn from experts about the most critical issues affecting our global community. The 45-50 minute lectures begin promptly at 10:45 am in the upper auditorium and are followed by a question and answer session. Plan to bring a lunch and stay to discuss the day's topic further.

Admission is free, but donations are gratefully accepted.

Free parking is available behind the building.

In case of inclement weather, please call 314-991-0955, ext. 224.

*Sponsored by the Tuesday Women's Association (TWA) of the Ethical Society of St. Louis
and the American Association of University Women (AAUW) Metro St. Louis Branches*

Usha Sathe, Chair

March 12, 2024 *New Horizons: Global Migration Trends and Implications for the US Asylum System*

Jessica Mayo, JD

International migration has steadily increased over the past 30 years, and it is projected to continue increasing in light of global warming and violent conflicts. We will examine the current global reality and the United States' role as a prominent destination for immigrants. What is the future that we are co-creating through our response to this enormous challenge – and its accompanying opportunities?



Jessica Mayo is an attorney and Co-Director of the [Migrant and Immigrant Community Action Project](#) in St. Louis. The MICA Project is a

community organization committed to working with low-income immigrants to overcome barriers to justice. The MICA Project utilizes legal services, organizing, advocacy, and education to promote the voice and human dignity of immigrant communities.

Committee: Marsha Koch, Alison Wiffenburg

April 9, 2024 **NATO**

Dr. Kelly-Kate S. Pease



NORTH ATLANTIC TREATY ORGANIZATION

Dr. Kelly-Kate S. Pease will briefly discuss the creation and evolution of NATO and examine the debates surrounding NATO expansion. She will also assess the interactive relationship between NATO and the Russia-Ukraine Conflict.

Dr. Kelly-Kate S. Pease is Professor of International Relations at Webster University. She has published extensively in areas related to international relations, international organizations, human rights, and humanitarian affairs. Her books include *International Organizations: Perspectives on Global Governance* (6th ed), *The United Nations and Changing World Politics* (co-author, 8th ed), and *Human Rights and Humanitarian Diplomacy*. Dr. Pease also publishes articles and chapters on human rights, humanitarian intervention, humanitarian assistance, diplomacy, the United Nations, and international criminal law.



Committee: Sue Williams, Susie Teicher, Patty Murray

National News

From Susan Barley
National Advancement Committee and
AAUW MO Fund Chair



AAUW Fund

AAUW 2023 donations are being tabulated. Results will be announced at the **Missouri Conference on May 4.**

AAUW counts on contributions from members and branches to meet the annual budget, develop new programs, and further the mission of equity for all women and girls. Your dues cover only a very small portion of the financial needs of AAUW.

AAUW calendar year 2024 contributions are being received. Gifts may be of any and all sizes. Maybe give up one of your Starbucks coffees each month and send the money instead to AAUW. In the next few months, there will be some easy opportunities to give:

- AAUW Note Cards: In the spring, you will receive in the mail a packet of beautiful note cards created by AAUW members from across the country. It is easy to respond with a donation.
- Dues Renewal: Renewal time for many of our members is in June. When you renew, it is very convenient to add on a donation.
- Sustaining Donation: Supporters can set up on the website to have a set amount withdrawn from your bank account every month. Your small donations through the year will quickly add up. For as little as \$9 a month, you can become an AAUW Missouri Century Club member (\$100+ a year).

AAUW Annual Voting

Every spring, AAUW members are asked to elect AAUW Directors. This year, members will also be asked to approve a proposed amendment to the bylaws. Voting is April 3 - May 15 and will take place online. For more information about our online voting process and talking points regarding how it works and privacy/security. Here is the link to the How-It-Works page for Simply Voting: <https://aauw.simplyvoting.com/index.php?mode=brochure>.

Now is a good time to make sure that AAUW has your correct email address and that you are subscribed to receive emails from AAUW. You can easily check your information on the AAUW Community Hub. Go to <https://www.aauw.org/>. Click Log-In (upper right).

Your Personal Snapshot page will appear. Verify your communication access under My Preferences. Another way to check your status if you have unsubscribed (intentionally or by mistake) to receive AAUW emails, you may resubscribe at https://secure.everyaction.com/p/8fvkDOF_gkmwgUN5RDy1tw2.

To look for *Frequently Asked Questions* for the election, go to <https://www.aauw.org/resources/member/governance-tools/national-election/faq/>.

Proposed AAUW Bylaws Amendment

Members will be asked to approve the proposed amendment to the AAUW Bylaws that opens membership to any individual who supports AAUW's important mission. This will eliminate the degree requirement. The AAUW Board of Directors and the Governance Committee recommend approval of this amendment. This change will align our membership practices with our purpose of advancing equity for women and girls and enable us to include members with the diverse backgrounds and perspectives needed to achieve our purpose in today's world.

Approval of an amendment to the bylaws requires a 2/3 vote. In 2021, 63% of the voters approved this same amendment. This included 41% of the St. Louis Branch members who voted with 100% of the voters approving the amendment. **Be an informed voter.** Take the time to check out why this amendment is so important to pass: <https://www.aauw.org/resources/member/governance-tools/national-election/>



AAUW Celebrates the Talent & Voices of Women Artists

Only a third of artists represented by commercial galleries are women and women working in arts professions are paid on average 74 cents to every dollar paid to men. This is what motivates AAUW to host an annual art contest—to give women artists the attention they deserve. The winning entries will be featured in a collection of notecards mailed to AAUW members in the spring. You can vote for ten entries beginning February 5. [Preview them now at AAUW Art Contest.](#) [Art Contest – AAUW : Empowering Women Since 1881](#)

ITEMS OF INTEREST

We are again invited by Jo Ann Reese...

She is a member of the **Bertha Black Rhoda Section of the National Council of Negro Women, Inc.** As you may recall from the invitation announcement last August, the late Bertha Black Rhoda was a member of AAUW St. Louis Branch (Google her for a wealth of information). They are having their "Sisters in Health" Panel discussion on **Saturday, March 23, 2024**, 12 pm - 3 pm, Washington University Medical Building, 4444 Forest Parks Avenue, St. Louis 63108. You may reach Jo Ann at joannreese@sbcglobal.net or at 314-378-0814. She hopes that we will be able to join them.

Register on Eventbrite.com: Search for "Sisters in Health"

Admission Price: Please bring diapers, baby wipes, personal hygiene products (sanitary napking/tampons) to be donated to Almost Home (shelter for homeless mothers) and Fresh Beginnings Safe House (rescues women from human trafficking).

12:00—1:00 pm—Health Screenings

1:00—3:00 pm—"Sisters in Health" Panel Discussion moderated by Taylor Simoné Harris, Fox 2 News

Panel:

- Physical Health: Christine Salter Salter, MD, DC, ND, NBPAS, ABIHM, ABOM, CGP, medical director and founder of the Center for Vibrant Health & Wellness.
- Mental/Emotional Health: Karen Banks, Med, PLPC, owner of Trinity Wellness Counseling Center
- Spiritual Health: Reverend Michelle Higgins, M.Div., senior pastor, Saint John's Church-The Beloved Community
- Financial Health: Veronica Coleman, CFP, MDA, financial advisor, Edward Jones.

Review our latest blog article, "[INCENTIVIZING HUMAN TRAFFICKING TRAINING IN KEY PROFES-](#)

[SIONS](#)" by Dr. Jeanie Thies, Criminal Justice Program director/professor, Social Work Department, Fontbonne University.

Watch educational videos on our [YouTube Channel](#). [Donate](#) and help us do more free training to educate people about human trafficking.

<https://gahtmo.org>



Creating Environmental Equity at a Local Level



Thursday March 14, 7 p.m.

In-person program at The Center of Clayton

50 Gay Ave.

St. Louis, MO 63105

Doors open at 6:30 p.m.; program begins at 7 p.m.

[Please let us know you're coming here.](#)

Join us for a presentation from Show-Me Green Schools to learn how we can engage local school districts to become green schools. Show-Me Green Schools is a suite of three free programs co-managed by Missouri Gateway Green Building Council and Missouri Environmental Education Association (MEEA) that provides structure, resources, and recognition to support every Missouri Pre-K-12 school in becoming a green school. Show-Me Green Schools programming supports all Missouri schools in identifying and advancing practices throughout their campuses, educational programming, and school culture that reduce environmental impact, improve health and wellness, and provide place-based education.

Speakers:

Deborah Rogers Curtis, Green Schools coordinator, Missouri Gateway Green Building Council and co-manager, [Show-Me Green Schools](#).

Lesli Moylan, executive director, Missouri Environmental Education Association and co-manager, Show-Me Green Schools [and member of AAUW Kirkwood-Webster Groves].



Join the Women's Foundation for a give-back day of shopping. Spring is springing, and our friends at the Lilly Pulitzer store in Plaza Frontenac are helping us celebrate International Women's Day on Friday, March 8, 2024. 10% of all sales between 3pm - 7pm on this day will come back to the Women's Foundation, so make your spring shopping list and join us on March 8th.

Wednesday, March 8, 2024 | 3pm - 7pm

Lilly Pulitzer give-back day

Lilly Pulitzer - Plaza Frontenac

1701 S. Lindbergh Blvd, St. Louis, MO 63131



Metro St. Louis Interbranch Council
2024 Annual Spring Luncheon

"Spring Fling," honoring our Barbara Lackritz Awardees

Women Entrepreneurs: Breaking the Glass Ceiling
with Bev Schuetz

Saturday, March 23, 2024 at 11:00 am to 2 pm at Catering to You

12775 New Halls Ferry Road, Florissant 63033

I-270 North/East, Take exit 30 for Pershall Road/New Halls Ferry Rd, turn left. Parking and entrance are behind the building.

Registration is \$40 and includes Program and Hot Buffet

Mushroom Herb Baked Chicken, Roasted Top Round of Beef Au Jus
Salad, Red Skin Garlic Mashers, Steamed Garlic Buttered Broccoli, Dessert



Bev Schuetz is a popular and dynamic speaker who has created HISTORY TALKS, a series of live presentations available to organizations. She is known for her unique topics, delightful presentations, and thoroughly researched programs. Bev's presentations showcase her unique perspective and special insight on colorful historical subjects.

Visit historytalks.info

"Meet the fascinating women who broke barriers to succeed in business where no women had gone before."

Please clip the section below, complete, and send with your check.

Name _____ Branch _____

Email _____ Phone (____) _____

Reservations _____ * @ \$40 = \$ _____

Checks payable to: AAUW Metro St. Louis IBC

Dietary restrictions: _____

Reservation total from above \$ _____

Raffle tickets pre-purchase (3 @ \$10) _____ = \$ _____

Raffle tickets but not attending (3 @ \$10) _____ = \$ _____

Additional contribution (thank you!) \$ _____

Total amount enclosed: \$ _____

For treasurer:
Check #
Amount
Date received

*Guest names _____

For more information, contact
Jan Horner 314-422-4881
janethorner@yahoo.com

Mail form and check by March 8th to
Carol Davis McDonald
827 Bergquist Drive, Manchester MO 63011-4215

Please print legibly; depositing your envelope inside the post office is recommended.

AAUW IBC Spring Luncheon—Here are the Branch Gift Baskets!

The **Ballwin-Chesterfield** branch invites you to “**Explore. Discover. Adore.**” The Painted Tree Boutiques support local entrepreneurs and gives the local community a treasure trove of delightful things. It’s all under one roof on Manchester Road in Ballwin, MO.

Welcome to historic **Ferguson-Florissant**, listed in the National Register of Historic Places and home to Old St. Ferdinand’s Shrine, registry homes, quaint shops, beautiful parks where you can golf, picnic, swim, play, and watch the beautiful sunsets and friendly residents (we don’t want to name drop, but many celebrities grew up here!). After enjoying all the beautiful sights, you may partake of the delicious fare at our wonderful restaurants and cafes, pastry shops and bakeries, famous doughnut shops, and frozen custard and ice cream shops. Come and enjoy greatness while watching our Valley of Flowers Parade!

Kirkwood-Webster Groves wants to take you to STAGES! Enjoy a \$50.00 gift voucher that can be used for subscriptions, single tickets, STAGES merchandise, and Academy classes. *STAGES St. Louis* is the region’s foremost not-for-profit company committed to preserving and advancing the art form of musical theatre through excellence in performance and education. In 2024 STAGES celebrates its 38th season of producing Broadway-quality theatre at the Ross Family Theatre in the Kirkwood Performing Arts Center. The gift voucher is valid for five years.

The perfect combination of the past and present meld in an enjoyable adventure in Historic **St. Charles**, Missouri. As you stroll along the cobblestone streets on Main Street, view history first-hand at the First Missouri State Capitol, the Lewis and Clark Boat House & Museum, unique shops and restaurants, and more.

The **St. Louis** raffle basket entices you to "Spend Time in Forest Park!" with the guides we provide to help you find hidden gems you might not have known - walks, special locations, and drives that will delight you. AND finish your discovery adventures with a wonderful meal at the Missouri History Museum's newly opened Key Bistro, led by Chef Kevin Green and Pierre Chambrin II, a former White House chef and former executive chef at the St. Louis Club. \$50 Gift Card - MO History Museum.

Directions to *Catering to You* ...

I-270 North/East. Take **Exit 30** for Pershall Road/New Halls Ferry Rd. **Turn LEFT.** Travel **1.75 miles** from 270 to *Catering to You*.

Cross **West Florissant Avenue**  Cross **Pohlman Road**  Pass many subdivisions (mostly trees).

Then, on your left, you will come to this group of businesses. The third or so building is the correct plaza. Below is a picture of the correct plaza.



The main ballroom will be on your left toward the back of the lobby.
Check in inside the main ballroom.
Restrooms are located to the left just inside the main ballroom.

Ramp to lower level and entrance